



滿口生津——青梅

Mouthwatering Green Plums

文圖 | 編輯部

青梅的主要產地為南投、高雄和臺東等地，盛產期約在3月下旬至5月，時間雖不長，但市面上加工梅產品品項豐富，民衆全年度皆能享用到脆梅、Q梅、梅醋和梅酒等梅產品。

若想體驗DIY的樂趣，亦歡迎民衆前往觀光果園手採鮮梅，自己動手調製符合自家口味的梅製品，留住春天的美好滋味。



Green plums mainly grow in the Nantou, Kaohsiung and Taitung areas in the March to May season. The harvest period is short, but the green plums are available in such huge quantities as to enable the supply of their processed

products all year round. They are pickled or made into vinegar or wine. Some orchards cater to visitors who handpick the plums and process them their own way.